



TRULY SCRUMPTIOUS NEWSLETTER- Great Missenden C of E School

Issue 13 – 30th November 2012

Hello and Happy New Year to you all! On the back of this newsletter is the **Spring 2012 Menu**, which will run to the end of the Spring Term (30th March 2012). Our menus have achieved the GOLD Food for Life standard and contain 30% organic produce and 50% locally sourced produce. The menu order form is attached on a separate sheet and **must be returned before Friday 3rd February** to School Reception with your child's choices and payment to ensure that they receive the lunch of their choice.

Pre-School Children now offered hot meals

It's wonderful to see our Pre-School children sitting together to eat a hot, nutritious lunch on a china plate and using their knives and forks so well. Young children learn by copying other children and adults so eating in our dining room with the older children and teachers can help them try new foods and eat in a social group. After attending a conference recently about children's health and diets it was interesting to hear the main focus on pre-school children, ensuring that they develop healthy eating habits as early as possible.

'Growing Great' Missenden Spring Farmers Market – Thursday 9th February (2.30-3.30pm) Year 2s

The next farmers market will be organised by year 2 children and their parents. Their theme is 'Seeds' and they will be going on an exciting trip to Jung's bakery in Beaconsfield to learn how to make seeded bread rolls from a Master Baker. Please come down and support the children on the day of the market and buy some fresh, local produce including: bread, preserves, cakes and pots of flowers from the gardening club. All proceeds from the markets are re-invested and this term we have paid for the Year 2 trip to the bakery, and lots of cooking activities.

Here is a list of all the markets for 2012:

29th March 2012 – Easter Market – Year 3

31st May 2012 – Dairy Market – Year 4

13th July 2012 – Summer Berries – Year 1

The markets are from 2.30-3.30pm and are held in the dining room. Reception children will be supporting all the markets.

Themed 'Opt-In' Days

The Chinese New Year 'Opt-In' Day was a fantastic success with the whole school joining in. Morning Club did a marvellous job of decorating the dining room, the kitchen staff wore Chinese hats whilst serving their delicious Chinese menu and the dinner ladies were handing out fortune cookies to all the children. Year 1 cooked Chinese spring rolls in the afternoon and handled their chopsticks like real professionals whilst the Bucks Examiner took pictures, so keep a look out. The next 'Opt-in' Day will be an Easter Theme on the 28th March.

Year 5 – Wagamama's Trip

Wagamama's have kindly invited the whole of Year 5 to attend a Japanese workshop at their Eden Centre restaurant on the 7th February. Last year was a fantastic learning experience for Year 5s, being taught about Japanese food culture, tasting foods and making delicious fruit juices and really enhancing their classroom studies about Japan. I'm sure this Year 5s will feel the same.

Thank you for all your support and see you at the Year 2 farmers market.

Victoria Greaves (School Nutritionist and FFLP Coordinator)

vgreaves@bucksgfl.org.uk or tel: 01494 862310 ext: 206.